



AMERICAN MARTIAL ARTS CENTER



Join us for



Fun and Fitness

with Martial Arts



Power Turtles

Physical Fitness and Good Health

Coordination and balance

Focus and Listening Skills

Building Confidence



Children 3-5 years old

Classes now forming



Tuesday and Thursday 5:45-6:30

\$65/month

Family membership as applies

Uniform \$15



AMAC Route 6 Foster RI 860-933-4821